

**Approved**

**State Consumer and Family Advisory Committee Meeting Minutes**

**November 14, 2013**

**Members Present:** Sue Guy, Nancy Carey, Shelia King, Mark Long, Bonnie Foster, Mike Martin, Paul Russ, Doug Wright, Ben Coggins, and Bev Stone

**Members Absent:** Marc Jacques, Dennis Parnell, Greg McIntyre, Kelli Carson, Samuel Hargrove, Marie Britt, Mike Jones, Gladys Christian, LaVern Oxendine, Anna Cunningham, and Kurtis Taylor (excused)

**DMH/DD/SAS Staff Present:** Suzanne Thompson, Stacey Harward, Kerry Lynn Fraser, Stuart Berde, Eric S. Fox, and Glenda Stokes

**Guests:** Jim Jarrard, Representative Burr, Barrett Joyner, Daniel Orr, Bob Carey, and Kathy Griffin

**Call to Order:** 9:10 – Sue Guy – Chair, called the meeting to order, discussed that group did not have enough members for a quorum. 10 were present, 11 is needed for a quorum. The group decided to meet and understood that no voting could occur.

Signed stipend – paperwork

9:15 – Reviewed the SCFAC minutes and Conference call minutes and agreed to postpone approving them by doing so at a later date via email.

9:20 – Committee Reports

- DOJ – did not submit report
- Housing – did not submit report
- ELT report given by Sue Guy. Sue made mention of the new Stakeholder Engagement Group that is being hosted by the NC Council on Developmental Disabilities. Sue, Ben, Anna, and Eric have attended. It is a group of 22 consumers and family members that are cross disability. Meeting #1 covered the groups, likes in the system. Meeting #2 will review the history of Medicaid and an opportunity to learn about waivers - there will also be a webinar in December. January the topic will be what would you add to the system? This group will meet a total of 6 times.
- Bev Stone – Gave a report on the consolidation efforts between ECBH, Eastpointe and CoastalCare they are planning to have a meet and greet possibly in December, they are working on WRAP program, at this time they are working on having a Detox Center open in Jacksonville that will be based off the Oasis program. Dave Richard spoke to their CFAC and then came and spoke at their Area board meeting.
- Doug Wright – Reported that Alliance / Cardinal will be hosting a statewide meeting for the local CFACs on Dec 4<sup>th</sup> in Chapel Hill. Dave Richard is to speak at this meeting beginning at 1:00 p.m.
- Cumberland is currently working on Crisis Management Services.
- Nancy Carey – Reported on issues with system and Substance Abuse services stating that their grand-daughter was not able to receive any assistance and had to live with family for 8 months while trying to get assistance. Group discussion on this matter, informed that the Mary Benson House will accept at least mother with a baby into the program, they teach mothers parenting skills, they do drug testing regularly and they teach living skills. Their capacity is 7 moms at a time. It is a 1 year program. Frustration was expressed that one needs to be on Medicaid in order to be eligible for these services.

### **Public comment:**

- The Healing place sent a representative to the meeting (Barrett Joyner) since Dennis Parnell was not able to attend.
- Daniel Orr from Henderson, NC attended the meeting and stated that he would love to become a member of the SCFAC, informed him of the process for applying to the State CFAC.

### **Happenings around the state:**

- Bonnie Foster – Commented on the County Commissioners from Mecklenburg have met and have voted 7 to 2 in favor of pursuing merger talks with Cardinal Innovations. She stated that 200 staff will need to be hired. Bonnie also made mention that many consumers are not getting the services they need and that a higher number of them are showing up at Emergency departments. Providers are cutting staff and this in turn is negatively impacting quality.
- Sheila King – Issues concerning providers in Madison county there are only 2 Mental Health and substance Abuse Treatment providers and one is always closed, which forces clients to have to drive up to an hour away to receive services. Generally they do not have transportation and will end up in the local ER. Sheila also mentioned that there are talks of consolidation between Partners, Smoky, and CenterPoint.
- Nancy Carey – Stated that the same issues are occurring in her area in Yancey County.
- Ben Coggins – Partners withdrew contracts with True Behavior due to issues and moved to Monarch, services cut due to this change but it could not be avoided. This impacted ACT Teams of 400+ consumers. Partners are working on a 3 year Business plan. Ben stated that CIT training has recently occurred in Iredell County and that in the Statesville area 30+ officers have been trained. On October 26<sup>th</sup> Partners CFAC held a retreat in order to help better define the group. Ben highlighted OUR VOICE which is a comment capturing form that the CFAC uses to advise the board.
- Paul Russ – Reported that in his area they are working on setting up a Drug Coalition to fight Gangs and Drugs in of the 12 counties in Eastpointe LME/MCO. Gang Culture is present in all 12 counties with the Coalition they want to pull in the support of law enforcement, DSS, Gang task teams (made up by law enforcement) and Physicians. Each presentation will be county specific.
- Dr. Mike Martin – Discussed a youth home (Falcon Home) in Cumberland County. This home has been in existence for 100 years but due to budget cuts troubled youth are now ending up in the DSS system. Dr. Mike Martin stated that there is a Senate Bill concerning LME/MCOs to be responsible for payment if children are placed out of their county. House Bill is waiting on a vote.
- CIT – Large class coming up, Cumberland currently has 26% of its officers trained which is above the state average of 21%. They have a goal of 100% of law enforcement to be trained. It was mentioned that about 500 people per month are diverted from Emergency Departments.
- Sue Guy – Thanked Stuart Berde for his years of services and wished him a happy retirement.

## **Representative Burr**

- Representative Burr – 67<sup>th</sup> district Stanly & Montgomery Counties has been a Representative for 3 terms and is planning to run for his 4<sup>th</sup> term. He is a 3<sup>rd</sup> generation bail bondsman.
- Representative Burr – Gave a brief history on how he ended up on the Health and Human Service Committee and Aging committee.
- The Oversight Committee meets 1x a month and their last meeting lasted 9 ½ + hours.
- Representative Burr – Spoke on the issue of a Healthy North Carolina and stated that at this time it appeared that the LME/MCOs would be moving to consolidate so that the state ended up with 4 LME/MCOs. One in the West, two in the Piedmont area and then one in the East. It appears that the state would like to have this done in the next year.
- Care Coordination as the LME/MCOs continue to consolidate we will continue to look at the different areas that will be affected by this. He stated that nothing is off the table.
- The Governor is looking for input from providers and consumers, Representative Burr encouraged members of the State CFAC and anyone else to stay in contact with their local Representatives so that their voices can be heard. Contact your legislators.
- Representative Burr – Responded to a question concerning the expansion of the Medicaid program, Representative Burr stated that the existing Medicaid program is not functioning as it should be and at this time we need to fix the program before expanding on a system that is not working. Exchange program that the Federal government is pushing does not fix the States problems but actually puts the entire burden on the State. The potential funds for Medicaid expansion from the Federal government are temporary for 3 years usually these dry up after 1 to 1 ½ years placing the burden on the states.
- Representative Burr – Spoke on the issue of mental health and the Criminal Justice system and stated that it would be a good practice to have Crisis centers for those with Mental Health issues to utilize prior to ending up in jail. The Jail systems are not designed to handle those with mental health issues and they try to push them out of the jail within 24 hours and these individuals end up back on the streets.
- Mark Long – lots of people have been living in institutions for a long time and one cannot expect to move people out of these institutional settings without training them to be able to function in the outside world. A program that would train people would not cost much. It does not take someone with a PhD to teach another person how fry an egg. Representative Burr stated that the issues are we have do not benefit from a cookie cutter mold approach and we need to address each individual person. Members of the State CFAC were thankful that the ADATCs were retained and not shut down. An 11% cut in the ADATCs is far better than not having them at all.

Representative Burr gave the community his email: [address—Justin.Burr@NCleg.net](mailto:Justin.Burr@NCleg.net)

- The question was asked as to how the State CFAC can educate you (Rep. Burr) and others? The response was to contact your legislators. Provide personal stories, and reach out to include the Legislative Oversight Committee with letters especially make contact with the Chairs.

## **Jim Jarrard – Deputy Director of MH/DD/SAS**

- Discussed that Crises plans are a #1 priority. There is high support from both the Secretary and the Governor. Crystal Farrow from the LME/MCO Systems Performance Team is the lead person for this project.
- Discussed the plans for the Partnership for a Healthy NC. Stated that it's a good thing to have the LME/MCOs consolidate it is allowing them to take stock in their needs and make a plan based on their needs. The State cannot just dictate to the LME/MCOs that you need 2 of these, one of this and this is your Crisis Plan. It does not work and it has not worked. Both facility based crisis and mobile crisis efforts need to be customized to the crisis response needed in each particular area.
- DOJ - TCL (Transition to Community Living) Plan is to teach those that are at specific levels so that they are able to move to the next level and advance into community placement if they so choose.
- There is a report that DHHS is going to have access to that is updated on a daily basis that list every one that is in jail. This report will be sent to all LME/MCOs so that they will be able to determine if any of their consumers are in jail and if they feel they need an intervention to take place then DHHS will step in.
- There was a discussion about CIT (Crisis Intervention Teams). These efforts are viewed at as being highly proactive at keeping individuals with MH/DD/SA issues safe and possibly out of jails and emergency departments. Eric Fox made mention that the CenterPoint CFAC is looking at possibly funding officers in Davie County in order to attend this 40 hour training. It was stated that the cost of replacing an officer or EMS team member is about \$1000 for a week. It was mentioned that SAMSHA provides grants for CIT training. There was talk about Mental Health First Aid Training which is 8 hours in duration. Usually the cost is just \$20 for the workbook.
- Jim Jarrard – Asked for feedback regarding telepsychiatry. It was mentioned that it is favorable among adolescents. Nancy Carey asked when the West would get it.
- Nancy Carey – Brought up the issue of the Person Centered Plans. Providers often take this for granted and state that the process is too time consuming. The implementation and enforcement of the plans needs to be stepped up. The response is that auditing of the plan serves this purpose.

## **Sub-Committee:**

**Interface Task Team:** Plans made for Conference call to be held on Wednesday, December 18<sup>th</sup> from 7:00 p.m. to 8:00 p.m. CoastalCare, Eastpointe, and ECBH are supposed to present during this teleconference call.

- Services sub-committee
- Recovery and Self Determination
- Data-com Sub-committee
- Budget and Planning Sub-committee

Discussion of future presenters for upcoming meetings included Eric Harbour the Child Mental Health subject matter expert from MH/DD/SAS for the January 9<sup>th</sup> meeting and possibly Bob Kurtz, CIT subject matter expert from MH/DD/SAS for the March 13<sup>th</sup>, 2014 meeting. Stacey Harward will work to confirm these possible speakers.

Meeting adjourned at 3:00 p.m. Next meeting will be Thursday, **January 9<sup>th</sup>** from 9:00 a.m. to 3:00 p.m.